

# OVERNIGHT PACKING LIST

## CLOTHING

- outfit change
- extra top
- sweatshirt/outer layer
- flip flops or slippers
- pajamas/loungewear
- 2 pairs undies
- socks
- bra

**\*\*OPTIONAL\*\***

- swimsuit/cover up
- hat
- another pair of shoes
- workout clothes

## ESSENTIALS

- purse
- wallet
- keys
- phone & charger
- iPad/laptop & charger
- sunglasses
- glasses/eyewear
- prescription medication

## NOTES

## TOILETRIES

- toothbrush
- toothpaste
- floss
- retainer/mouthguard
- face wash/makeup remover
- face lotion
- hairties/headband
- brush
- deodorant
- chapstick
- makeup
- dry shampoo
- hairspray/syling products
- razor
- body lotion
- perfume/cologne
- sunscreen
- nail clippers
- feminine products

## OTHER

- OTC medications
- eye mask
- water bottle
- coffee mug
- wristlet
- blanket
- pillow